

Exciting news inside !

- **Urgent.** Two places available for the Samoa trip in July
- New tour planned to NZ in Feb 2026
- Two apps you should have on your phone

SARCC AGM and Quiz Night

The SARCC AGM will be held on Friday 18th July 2025 commencing 5.00pm at Mitchell Park Community Centre, Bradley Grove, Mitchell Park.

At 5.30 we will break for dinner. Meals can be pre ordered upon arrival if attending the AGM from the Mitchell Park Community Centre Bistro.

The club is Sponsoring the Quiz Night with prizes. You can form a table/team or attend and pick a table/team on the night. A Member's partner or immediate family member may also attend at no cost. Places are filling quite quickly and there are 26 places left.

RSVP to SARCCExec@gmail.com

Paste ➔ 1745991801 to your internet search bar for the food menu

Paste ➔ 1695966357 to your internet search bar for the drinks menu

Subscriptions 1st July 2025 to 30th June 2026

Committee resolved to reduce subscriptions from \$30 to \$20 if remitted prior to 30 June 2025.

After that the fee is \$30 per member.

EFT to SARCC Westpac BSB 035-048 Account number: 301670

Please quote your name in reference.

If paying at a branch, please email your deposit details to sarccexec@gmail.com to ensure correct crediting

Regular rides

Sunday Pleasure Rides:

Organiser; Helen Tetley 0466 870 177

1st June 2025 **Ride to Reynella** (rescheduled from 25th May) Ann I 0438 558 941

Meet at Sandison Reserve, corner Third Ave & Augusta St, Glenelg. Travel south on Linear Path until it meets Veloway. Ride to Reynella and return via Coast to Vines Path. Coffee at Glenelg. Suitable for all bikes. Some hills.

8th June 2025 **To the Dolphin Sanctuary** Sven H 0410 271 717

Meet at North Adelaide Railway Station 10.00am on Memorial Drive. Ride heads north to the Dolphin Sanctuary. Return via Port Bikeway. Lunch at the Sanctuary area. Optional coffee at Bowden at the end of ride.

See SARCC RWGPS for the route

22nd June 2025 **Linear Park to Dry Creek, Pooraka & Walkerville** Caroline W. 0427 797 476

Meet at Victoria Square at 10am. Ride parklands to Torrens Linear Pk to Oakden, Dry Creek, Pooraka and Walkerville. Approx 40kms.

Wednesday Rides:

Organiser; Tony McIntyre 0407 759 260

Every Wednesday

Meet at the Torrens Weir (Par 3 café) to ride at 10 am. Ride (2 or 3 groups) decided on the day

11th June 2025 **Tower to Norton Summit** Phil 0408841141

Meet at the Tower Hotel, Magill. Please **do not use** the hotel car park. Up to Norton, up to Marble Hill. Down to coffee at the St George Bakehouse, Stradbroke and return to the Tower. Distance: 28.5km Elevation: 538m Duration: 1:42hrs. Bike Type: All with climbing gears. See also <https://ridewithgps.com/events/354461-tower-to-norton-summit>

25th June 2025 **Bugle Ranges and Beyond** John Agnew 0438 523 560

Meet at Flaxley Hall for a ride around the country (in the absolute main street of Flaxley – can't miss it) **Note**; no toilets there - public toilets behind Echunga Hall on your way. Main Ride is 36 km with 540 m of climbing but an "opt-out" point is possible – making the ride 24km with 373 m of climbing. Duration: 2:21hrs. Bike Type: Wide tyres. See also <https://ridewithgps.com/events/354467-bugle-ranges-and-beyond>

Thursday Rural Rides:

Organiser; Di Beltrame 0424 957 532

June 5th 2025 **Away Ride – Mt Pleasant** Robyn 0401 364 019

Meet 10am at Mt Pleasant Bakery, Melrose Street, Mt Pleasant for coffee before riding. 90% unsealed scenic roads, looping around to a late lunch at Springton Oval. Only toilets are at the start and at Springton Oval.

June 12th 2025 **Woodside** Steve 0418 852 234 Meet 10 a.m.
Woodside Pool car park. Some unsealed roads. 50% unsealed roads with a bit of sand and total distance of 45km with 583m climbing. Coffee/Bakery stop in Lobethal, BYO lunch at Mt Torrens Oval, then home via the back roads. Nice little ride keeping off the busier roads as much we can with some nice views and fun downhill runs.

June 19th 2025 **Woodside** Andrew

Meet 10 a.m. Woodside Pool car park. Some unsealed roads.

June 26th 2025 **Woodside** Ros 048 741 556

Meet 10 a.m. Woodside Pool car park. Some unsealed roads.

Coming Tours

Upolu, Samoa Tour

July 2025

Organisers; Paul and Robyn Davill

Escape the July winter this year !

There are twin share places available for the Samoa tour; **July 21st to 31st**. Deposit has been paid and accommodation booked. Ron and Adrian Battista have had to withdraw because Ron must undergo an operation. So, here is your chance to save some money on part of the deposit.

<https://sarcc.org.au/samoa-cycling-tour-july-2025/>

<https://cyclejourneys.co.nz/cycle-samoa/>

For more info, contact Ron 0408 812137 or email capricorncs@gmail.com

Burra 4-day 4-ride tour.

14th to 17th of September 2025

Organiser: Peter Boulton

See last newsletter or the SARCC website. If you are interested, email Peter peterjboulton@gmail.com

Slovenia Backcountry Gravel Bike Tour

September 2026

See last newsletter or the SARCC website. If you are interested, email mariennehibbert@gmail.com

Great Victorian Bike Ride from 24th to the 28th of November 2025

If there is anyone interested in participating in the Great Victorian Bike Ride, we are planning to form a group to travel there and back, share the experience and possibly do some rides before and after the tour. Click here for more details.

NZ North Island Tour

February 2026

We are planning a tour to New Zealand to explore the North Island trails and sights. Starting Monday February 22nd 2026 for about 17 days.

Some of the highlights include Hauraki Rail Trail, Timber trail, Mangapurua Track/Bridge to Nowhere and Mountains to Sea as we explore south of Auckland as far as Whanganui.

You will need to....

- organise and purchase your own transport to and from Australia and to your first night's accommodation in Auckland as well as your return home from your last night's accommodation.
- book and purchase your NZ bike hire for the tour (if you are not bringing your own bike).
- travel Insurance.

Your Tour payment will cover...

- Hire of 12-seater buses - with bike trailers.
- Fuel for buses
- Accommodation for the Tour nights

Your expression of interest will allow the organisers to get more accurate costings for accommodation and transport. A meeting of all interested members will be held in June to provide further details and answer questions. After the meeting you will be asked to pay a deposit if you intend to be part of the adventure. This allows the organisers to pay deposits. The remainder of your Tour payment will be required later.

Expressions of interest to Di Beltrame (beltramegd@gmail.com) by 11th of June.

FACEBOOK

This is becoming a major way our group communicates. So far 66 of you are following the page. We need more!

Go to the Facebook page and click join. [Click here](#)

Member profile: Tony McIntyre

Tony is the current Wednesday Ride Coordinator

I grew up in Whyalla, a place where public transport was about as common as a snowstorm. So, like most kids back then, I got around on two wheels. I can't remember much about my first bike—just that it had wheels, pedals, and handlebars... so, you know, all the essentials.

In Years 6 and 7, I joined the ranks of the noble newspaper delivery squad. The papers were heavy, and my bike's rear rack did most of the heavy lifting. The best gig was delivering to the ships down at the wharf. Not only did I get to hand over the day's news in the galley, but I often scored a feed of fish and chips. News and chips—what more could a kid want?

Then came high school, and with it, the curse of peer pressure. For some baffling reason, riding a bike became “uncool,” and so I reluctantly hung up my helmet (well, metaphorically—we didn't really wear them back then). Ah, to be young and impressionable.

Still, I kept my head down, studied hard, and managed to land a spot at Adelaide Uni to study civil engineering. Off I went to the big smoke! As a broke student with more important things to spend money on (beer, mostly), a car was out of the question. So, back on the bike I went—some old rattler I can't even picture now.

After graduation, I kept commuting by bike for more than 40 years—except during a stint in the USA. It wasn't until retirement, though, that I truly rediscovered the joy of riding... just for fun.

Peter B asked me, “What's been your best—or perhaps worst—cycling moment?” There have been plenty of good times, especially our Wednesday rides, where the conversation flows almost as fast as the BS. But then there was that one night...

I'd been at the university bar, as you do, and decided to ride home in the dark. No lights. No high-vis of course. Just me, a bike, and possibly the universe watching over. I somehow made it through the parklands, crossed Port and South Roads, rolled into my backyard, and promptly fell off the bike—too inebriated to dismount. Skill or sheer luck? Who can say?

To be honest, most of my riding life was financially motivated. My wife and I only had one car for ages, which meant someone had to brave the rain—and that someone was usually me. But now that I'm retired, riding is about joy, not just practicality.

I particularly enjoy heading down to McLaren Vale. The scenery's gorgeous, the ride is pleasant, and the bakeries? Magnificent. Nothing fuels a ride like a good vanilla slice.

These days, I ride a lightweight e-gravel bike. It's comfy, has just enough zip to get up those challenging hills, and crucially—it's not too heavy if the battery runs out. If I could give one bit of advice to anyone eyeing a new bike, it's this: don't scrimp. A cheap bike might look like a bargain, but you'll outgrow it faster than you think.

So, that's my story—from paperboy to old fart on pedals. Still riding, still loving it... and still partial to a cheeky bakery stop.



Two apps for cyclists

From Steve Jenkins

what3words

The what3words app is free. Using this app someone can give your exact location easily (easier and **less prone to error** than other methods). Go to the what3word website, or app, activate it, and then share the three words that pop up.

Since late last year, SAPOL has had access to what3words to assist in locating Triple Zero callers.

It's already proven useful to several rescues. One, in May, when a bike rider on a remote trail in the Cleland Conservation Park required medical assistance. They thought their location was about 3km from the carpark of the Penanga Spur Track. However, after activating **what3words** during the Triple Zero call, they pinpointed their location to just 1km along the track ! This allowed rescue teams to quickly change their response plan. Emergency services were able to locate and begin treating the patient within 45 minutes of the initial call.

<https://what3words.com/about>

what3words SA Police article below;

<https://www.police.sa.gov.au/nhw/home/news/use-what3words-to-get-precise-locations>

Emergency+ app

The Emergency+ app is a free. Developed by emergency services and their Government and industry partners. It can be used throughout Australia to contact the emergency service you need.

It gives you your exact location by 3 methods – including what3words.

<https://www.emergencyplus.com.au/>

We should all have it.

Happy riding.

Cheers Brian (Smokey) Ashton 0438 088 220 ashtonba@gmail.com