

SARCC AGM and Quiz Night

There are only 8 spots left for our Quiz Night. The prize pool is growing!

The AGM will be held on **Friday 18th July** commencing 5.00pm at Mitchell Park Community Centre, Bradley Grove, Mitchell Park.

At 5.30-5.45pm we will break for dinner. If attending the AGM, meals can be pre-ordered, upon arrival, from the Bistro.

The club is Sponsoring the Quiz Night with prizes. You can form a table/team or attend and pick a table/team on the night. A Member's partner, or immediate family member, may also attend at no cost. You may bring your own food or simply attend the quiz night without food.

RSVP to SARCCExec@gmail.com Enquiries to Sven 0410 271 717

Paste →1745991801 to your internet search bar for the food menu

Paste → 1695966357 to your internet search bar for the drinks menu

Subscriptions 1st July 2025 - 30th June 2026

The Committee reduced subscriptions from \$30 to \$20 if paid before the 30th of June 2025. Thank you to 90% of our members who have taken up the early-bird offer!

EFT to SARCC Westpac BSB 035-048 Account number: 301670

Please quote your name in the reference.

If paying at a branch, please email your deposit details to sarccexec@gmail.com to ensure correct crediting

Regular rides

Sunday Pleasure Rides: Organiser; Helen Tetley 0466 870 177

<u>6th July 2025</u> **Mystery Ride** Magda 0417 802 723

Leaving from Alberton Railway Station at 10am. Mystery destination. Flat ride.

<u>20th July 2025</u> **To Mawson Lakes** Eric C. 0402 356 796

Depart at 10am from Victoria Square. Ride the Gawler Greenway to Mawson Lakes. Return the same way - with variations. Approx. 42 km.

Wednesday Rides: Organiser; Tony McIntyre 0407 759 260

Every Wednesday

Meet at the Torrens Weir (Par 3 café) to ride at 10 am. Ride decided on the day

9th July 2025 McLaren Vale, Coast, Willunga Circuit Eric C. 0402 356 796

Meet at the McLaren Vale visitor's centre carpark to leave at 10am. Those that wish to take a train from Adelaide to Seaford it's an 8 km ride to the visitor's centre. Catch 8:26 or 8:41 train.

Coffee at the Star of Greece. Ride along the esplanade then head east crossing the South Road with care. Detour to the Aldinga Aerodrome. Lunch and/or coffee stop at Willunga rose garden. Take the Shiraz trail to Mclaren Vale. There are gravel patches. Should be back to the centre around 2pm.

Distance: 40.2km Elevation: 362m Time: 4hrs. Bike Type: Hybrids and mountain bikes. See also https://ridewithgps.com/events/354480-mclaren-vale-coast-willunga-circuit

23rd July 2025 To be advised

Thursday Rural Rides: Organiser; Di Beltrame 0424 957 532

July 3rd 2025 Away Ride Greg

Details to follow. See SARCC website

July 10th 2025 Woodside Sven

Meet 10 a.m. Woodside Pool car park. Some unsealed roads.

July 17th 2025 Woodside Justin

Meet 10 a.m. Woodside Pool car park. Some unsealed roads.

<u>July 24th 2025</u> **Woodside** David

Meet 10 a.m. Woodside Pool car park. Some unsealed roads.

July 31st 2025 Woodside Kevin

Meet 10 a.m. Woodside Pool car park. Some unsealed roads.

PERFECT Rides: Organiser: Peter H. 0448 364 138

July 20th 2025 **To be advised** Kevin D. 0411 203 893

Let me Kevin if you plan to attend this ride.

Coming Tours

Upolu, Samoa Tour July 2025 Organisers; Paul and Robyn Davill

Details on the website.

Burra 4-day 4-ride tour 14th to 17th of September 2025 Organiser: Peter Boult

See the SARCC website. If you are interested, email Peter peterjboult@gmail.com

McLaren Vale Meander 22nd to 25th September 2025 Organiser: Ros Miles

Come join us for four days of springtime cycling in the picturesque wine-growing region of McLaren Vale and surrounds, staying at the McLaren Vale Lakeside Caravan Park - a beautiful bush setting.

If you happen to live south of the city, it's not far down the freeway, come down for a day.

See the SARCC website for details. Click here

Slovenia Backcountry Gravel Bike Tour

September 2026

See the SARCC website. If you are interested, email Marienne mariennehibbert@gmail.com

Great Victorian Bike Ride 24th to the 28th of November Organisers; the Davills

If there is anyone interested in participating in the Great Victorian Bike Ride, we are planning to form a group to travel there and back, share the experience and possibly do some rides before and after the tour. Click here for more details.

NZ North Island Tour

February 2026

There will be a tour to New Zealand to explore the North Island trails and sights. Bookings are full.

FACEBOOK

This is becoming a major way our group communicates. So far 86 of you are following the page. We need more!

Go to the Facebook page and click join. Click here

Member profile: Di Beltrame, Thursday Rural Ride Coordinator

I've always had a bike and loved riding—originally just to get to school, but it really took off when the kids were little. As a family, we got swept up in the excitement of the Tour Down Under when it rolled into town, and that's when my love of cycling truly began. Fast-forward to today: we've got 12 grandchildren (with one more on the way!), and they're just as bike-mad as we are. Every week they ask, "Where are you riding [with SARCC] this Thursday,



Di relaxing after a SARCC, EPIC mountain bike ride near Yakandandah, November 2024

Nonna?" They really took us by surprise last Easter holidays—setting up a little roadside table outside their house with chocolates and biscuits for all the riders. It was adorable, and honestly one of my favourite memories.

I started group riding with Bike SA's Tuesday Treadlers on my road bike, and I still enjoy those Tuesday rides. But I eventually joined the SARCC Thursday group and fell in love with the more relaxed vibe—especially being off the bitumen roads, which are only getting busier. I've lived in the hills all my life, so discovering new gravel roads—and even better, fun single tracks like Ravenswood Lane—has been such a joy. I also really look forward to our monthly away rides. Our volunteer leaders always manage to find the most scenic and interesting tracks.

Of course, not every ride is smooth sailing... One of my less pleasant memories? Getting attacked by a dog on an away ride. I still carry the scar from Bluey the blue heeler (yep, real original name, Mr. Farmer). His owner wasn't particularly sorry either—just told me the dog "usually bites cows' ankles." Apparently, I gave off strong escaped cow vibes that day!

I've had some fantastic adventures on SARCC tours over the years. One highlight was caravanning through the Flinders Ranges. Riding up to the Razorback Lookout on Bunyeroo Road north of Wilpena was a tough climb—but the view at the top was absolutely worth it. My favourite ride from that trip, however, was from Melrose with views out over the sea, heading down toward Port

Germein and Port Augusta. Least favourite? The epic Mt Remarkable mountain ride. A few cuts and bruises, a bit of swearing at my husband—but hey, I made it!

Another highlight was New Zealand trip in 2023—amazing—great company, fantastic rides. I was especially proud to complete the Alps to Ocean trail. We started in freezing conditions at the foot of Mt Cook (complete with a helicopter river crossing!) and finished 301km and four days later by the sea at Oamaru.

We've also enjoyed riding around the Myrtleford area in Victoria a couple of times—some beautiful trails over there.

When I'm not on the bike, I love walking my dog, Molly, in the reserve across the road. In summer, I often walk with friends at the beach—sometimes with a grandchild in a pram. In winter, we head for the trails in Cleland. We also have a shack at Tailem Bend that we built ourselves. It's a favourite family getaway—lots of time with friends, water skiing, wakeboarding... but these days I stick to kneeboarding (not as far to fall!).

Cycling has definitely kept me fit, and I'm looking forward to many more rides and adventures with my SARCC friends.

Interesting stuff

Let me know if you have anything you'd like to see in the newsletter

Happy riding.

Cheers Brian (Smokey) Ashton 0438 088 220 ashtonba@gmail.com