

SARCC is 50 years old this year !

Save the Date

Wednesday, **18th of Nov 2026**. Lunchtime event.

So, we're planning a celebration get together to chat and catch up on how things have changed since we started. More details to come as they get finalised.

Any ideas, send them to Steve Jenkins 0418 852 234 or stevejenkins23@outlook.com

Coming Cumby meeting

Another date to keep.

Meeting at the Cumby **Tuesday 6th of October**
6:30 for dinner, 7:30 for talks.

Details to follow.

Magpie swooping season - again

Reminder. When attacked **do not to panic** but ride steadily on - making sure you keep looking at where you are going ! If you intend stopping, focus on the stop and not on the bird. This is especially important if you are riding in a group.

If you want to know where magpies have been swooping, or you want to record a swooping magpie, go to; <https://www.magpiealert.com/>



Coming Tours

7th to 19th September 2026 – Great Ocean Road Tour

There are eight people going on this tour. Not too late for more !

Nine rides - plus optional rides enroute

Location: **Wye River** Arrive 7th of Sept – Depart 11th of Sept 4 Nights, 3 Rides

Accom: Suggest Big 4 Caravan Park, Wye River. Cabins and Sites Ph 03 52890241

Location: **Pt Campbell** 11th of Sept – 16th of Sept 5 Nights, 4 Rides

Accom: Suggest NRMA Caravan Park. Cabins and Sites Ph 03 5598 6492
Location: **Portland** 16th of Sept – 18th of Sept 3 Nights – 2 Rides
Accom: Suggest NRMA Portland Bay Holiday Park, 184 Bentinck St. Ph 03 55231487

1. All loop rides will depart/return from these 3 accommodations.
2. Enroute travelling Wye River to Port Campbell is an optional ride from Castle Cove in the Otways (50km 760m elevation)

Enquiries email sarccexec@gmail.com or Sven 0410 271 717

16th to 19th October 2026 – Stu's Gravel Grin Capers: Laura 2026

Four days of riding in the mid-North in and around Laura.

Ride styles: Stu Clement, and Laura local, Wayne Gifford, have put together a considerable portfolio of riding options.

Gentle rides 20-35km, not too many hills and smoothish roads.
Regular rides 30-70km with more bumps and gnarls.
Challenging rides >70km (incorporating whatever level of masochism is desired)

These rides are ideally suited for mountain bikes and gravel bikes as the routes are mostly on gravel and dirt roads, with the occasional access track to keep things interesting. Some linking parts of the routes are on bitumen of course, but road bikes are not recommended. Legal sparse (e-bikes) bikes are welcome.

Default for rides: Start at Meryle's Café (main street of Laura) and finish at Little Blessings Brewing (Victoria St opposite the Laura Community Caravan Park).

Ride times:

Friday 16th 12.00 (allowing time for travel from Adelaide)
Saturday 17th and Sunday 18th 10.00. Adjustments to start times and routes can be made on the fly depending on weather (wind and temperature especially) and what people desire.
Monday 19th. Start time, place and riding time conducive to return to Adelaide.

Accommodation, food, drink, transport, mechanical, medical support are the responsibility of participants.

Some accommodation options:

North Laura Hotel Apartment. Phone number 8663 2421.
Laura Community Caravan Park.
Stone Hut Cottages.
Other options <https://laurasa.com.au/accommodation/>

Stu's contact details are 0439 311 294 or stu.clement@yahoo.com (in the first instance) to let me know to expect you.

Grins obligatory - as are laughs and good cheer.

New Zealand – South Island

October/November 2027

The Ultimate New Zealand Tour. Multi-night stays in ten different locations. 30 nights with maximum riding distance of 1800km. Participants are not obligated to ride the whole trip. There will be opportunity to undertake bushwalking/hiking days.

If you are at all interested in this tour, please Contact Eric Cheney eric@outlook.com.au so that planning can continue.

Indonesia - Flores and Sumba

Winter 2027

2-3 weeks of riding / snorkelling / wildlife viewing. Tour is full but you can go onto a waiting list.

Contact Pete Boulton at Peterjboulton@gmail.com

Sunday Hills Rides Early Start (SHRES)

SHRES will recommence on 11th of October and run every Sunday until mid-May (except when a PERFECT ride is scheduled).

All of last year's routes, along with a few additional routes, have been checked and given a Ride Difficulty Score (RDS).

The RDS takes into account the ride distance, total climbing and significant graded climbs, including their FIETS classification, as well as the amount and type of gravel. Gravel is classified as MTB single track, rough 4WD tracks, or graded roads.

There is a variety of starting points, all within 20 km of Victoria Square, ranging from Houghton in the north to Bradbury in the south.

Starting times will vary through the warmer months:

- October: 8:30 am
- November: 8:00 am
- December: 7:30 am
- January: 7:00 am
- February: 7:30 am
- March: 8:00 am
- April-May: 8:30 am

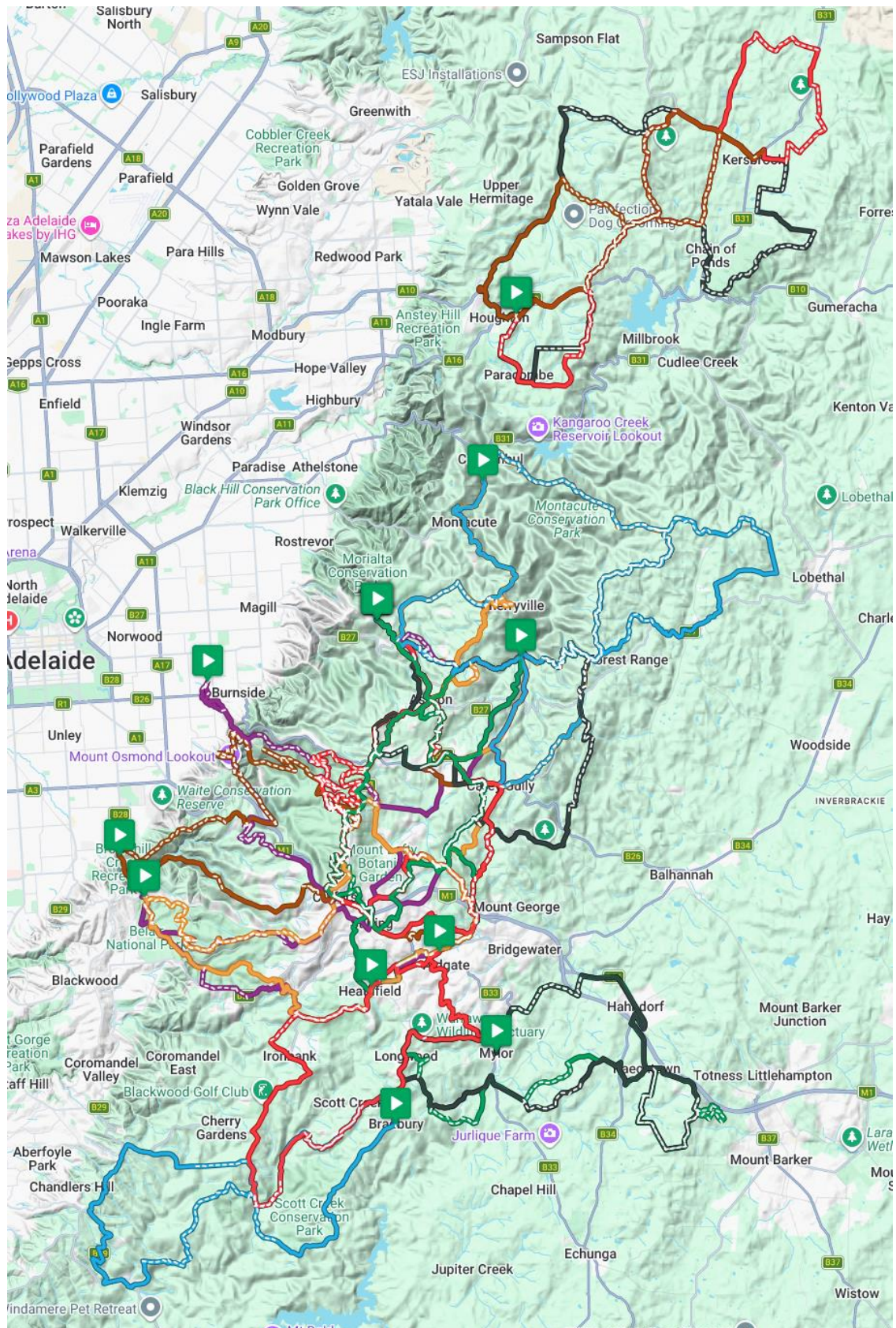
RDS	Difficulty
<40	Easy
40-70	Moderate
70-100	Hard
100-130	Very Hard
130-170	Extreeme
170+	Epic

Rides will not necessarily be scheduled in this order but in general we will start with the easier rides and progress to the more difficult ones as the season progresses.

NSRR = Norton Summit Recreational Reserve.

Start	Coffee	KM	Elv	% Grav	RDS
Mylor	Hahndorf	35.7	566	34	52.72
NSRR	Stirling	34.7	612	32	58.83
Aldgate	Blackwood Golf	33.7	620	27	59.34
Mylor	Hahndorf	39.3	702	42	64.26
NSRR	Uraidla	34.8	823	43	67.86
Deep Ck	Lenswood	37.5	794	53	68.76
Hough Cem	Kersbrook	43.6	705	63	74.55
Belair Stn	Stirling	36.7	653	41	75.38
Hough Cem	Kersbrook	42.3	668	54	78.65
NSRR	Ashton	42.7	945	37	80.80
Bradbury	Clarendon	38.9	787	37	82.25
Hthfld Oval	Uraidla	41.4	899	36	84.94
Deep Ck	Stirling	40.5	1009	44	85.47
Castambul	Uraidla	39.8	963	50	91.47
Belair Stn	Mt Lofty	40.9	800	53	92.65
NSRR	Andersons	39.9	995	56	95.54
NSRR	Stirling	41.3	907	50	95.74
NSRR	Mt Lofty	41.1	943	39	95.85
Hough Cem	Kersbrook	44.3	759	57	96.89
NSRR	Stirling	41.4	951	42	97.43
Haz P	Crafers	32.1	791	67	99.12
Brownhill Ck	Mt Lofty	36.4	1016	63	112.47

A map, including various starting locations



Regular rides

Sunday Pleasure Rides:

Organiser; Helen Tetley 0466 870 177

13th September 2026

McLaren Vale

Peter 0418 844 963

Meet at McLaren Vale Visitors Centre at 10 am. Ride to Aldinga. Lunch at Willunga and coffee at the Visitor Centre. 40 kms BYO lunch.

27th September 2026

Northern Suburbs

Sven 0410 271 717

Ride commences at 10.00am from Womma Train station. Catch the Gawler train from the city. I suggest parking cars on Memorial Drive and do short ride to City Train Station to catch 9.23 train. (Check train timetables to confirm).

Flat ride exploring northern suburbs including sections of Linear Park, Dry Creek Trail, and Stuart O'Grady Cycleway. Lunch enroute. Optional end of ride coffee at North Adelaide.

Wednesday Rides:

Organiser; Tony McIntyre 0407 759 260

Every Wednesday

Meet at the Torrens Weir (Par 3 café) to ride at 10 am. Ride decided on the day

9th of September

Corkscrew Challenge

Phil 0408 841 141

Meet at the weir. Head east up Torrens valley on north side of river. Follow river up Gorge Road until Corkscrew Road. Climb up Corkscrew Road and then turn right onto Montacute Road. Head west along Montacute Road until St Georges Bakehouse for coffee.

Head west along Montacute Road to Meadows Avenue and then head north. Meander through back streets. Connect to the bike path on the south side of the Torrens. Head west back to the Weir.

50km Elevation: 504m Elev. All bike types

See [RidewithGPS](#)

23rd of September

Belair Station to Tonsley and the Weir

Dean 0431 632 226

Meet on the platform ready to leave at 10:15 am. (9:28 am train from Adelaide Railway station arrives at 10:10 am) Ride a loop through Belair NP to the main gate. Follow the shared paths along Minno Creek and Sturt River to Murray Hill Road.

Up through the mountain bike paths of Craighburn Farm and descend through Shepherds Hill Recreation Park to Tonsley Innovation District for coffee.

Then down the Sturt River Linear Park, Marino Rocks Greenway and West Parklands to the Torrens weir.

Distance: 43km Elevation: 414m Wide tyres please

See [RidewithGPS](#)

Thursday Rural Rides:

Organiser; Di Beltrame 0424 957 532

3rd September 2026

Away Ride

Peter 0491 705 816

Meet in Houghton Cemetery car park to leave at 10am. Out via Lower Hermitage, up Airport Road to Mount Gawler MTB Park. The more adventurous can use the "easy" MG23 track to get to the lower car park or, if preferred, proceed down Mount Gawler Rd and meet up at the bottom.

Fast downhill on bitumen (Kersbrook Rd) for Coffee at Kersbrook to gird the loins for Checkers Hill and the Heysen trail through Chain of Ponds forest. Up Adelaide Gully Rd for lunch at the top, then

Fidlers Hill and Tilmouth Rd to the Pipeline. Follow the pipeline up to Murray Rd, past Highercombe Golf course to get back to the Cemetery via the Easement Path.

Route is 44.3km, climbing 759m with 57% gravel.

See also [RidewithGPS](#)

10th of September 2026

Woodside

Ros 0448 741 556

Meet 10:00am Woodside Pool car park. Some unsealed Roads

17th of September 2026

Away Ride

Paul 0427 537 836

Start and end at "Harvest the Fleurieu". Ride up to Range Road West and on to Myponga for lunch before riding into the Reservoir and then return via Blockers and Lanacoona Roads.

Coffee could be at the start, Myponga or at the finish.

A 48km loop. (Please note that the route is subject to change)

See also [RidewithGPS](#)

24th September 2026

Woodside

Sven 0410 271 717

Meet at 10:00am Woodside Pool car park. Some unsealed Roads

PERFECT Rides:

Organiser; Peter H. 0448 364 138

Sunday September 13th

Start at 9am from Kapunda

Gravel Grin Capers

Organiser; Stu 0439 311 294

Sunday 6th September 2026

Stu

Meet at 9am at "Harvest The Fleurieu", 2256 Victor Harbor Rd, Mt Compass. Ride Mt Compass to Mt Magnificent and Kyeema return.

Approx 33km; 77% unpaved; 478m ascending. Lunch at the conclusion of the ride.

Saturday 26th September 2026

Stu

Meet at 9am at Mt Pleasant Bakery and Café, 126 Melrose St, Mt Pleasant. From Mt Pleasant to Cromer, Little Mt Crawford, Mt Pleasant Summit, McBeans Range and back to Mt Pleasant.

Approx 49km; 91% unpaved; 579m ascending. Lunch at the conclusion of the ride.

Happy riding.

Cheers Brian (Smokey) Ashton 0438 088 220 ashtonba@gmail.com